

Field Trip Menus 2017-2018

Preparation Sites Grades K-5 & Grades 6-8



Option #1	CMS Number
Deli Cheese Sandwich, 1	R1113
Baby Carrots, 2, 2.5 oz. ind. bags	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Mango Peach Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1167
Milk: 1 cup (1% White, Fat Free White, or Fat Free Chocolate)	7010/7123/7014

Option #2	CMS Number
Turkey Ham Sandwich on Knot Roll, 1	R0709
Baby Carrots, 2, 2.5 oz. ind. bags	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Mango Peach Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1167
Milk: 1 cup (1% White, Fat Free White, or Fat Free Chocolate)	7010/7123/7014

Option #3	CMS Number
Mozzarella Cheddar Cheese, 2, ind. pkgs.	2525
Tortilla Chips, 1, ind. bag	1363
Salsa, 3 oz. 1, ind. cup <i>(Must be served - Provides ½ cup red/orange veg)</i>	1352
Baby Carrots, 1, 2.5 oz. ind. bag	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Mango Peach Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1167
Milk: 1 cup (1% White, Fat Free White, or Fat Free Chocolate)	7010/7123/7014

Option #4	CMS Number
Yogurt, Strawberry, 1, 8 oz. carton Granola, 1, 2 oz. ind. pkg.	R1659
Baby Carrots, 2, 2.5 oz. ind. bags	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Mango Peach Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1167
Milk: 1 cup (1% White, Fat Free White, or Fat Free Chocolate)	7010/7123/7014

Field Trip Menus 2017-2018



Preparation Sites Grades 9-12

Option #1	CMS Number
Deli Cheese Sandwich, 1	R1113
Baby Carrots, 2, 2.5 oz. ind. bags	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Mango Peach Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1167
Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk: 1 cup (1% White, Fat Free White, or Fat Free Chocolate)	7010/7123/7014

Option #2	CMS Number
Turkey Ham Sandwich on Knot Roll, 1	R0709
Baby Carrots, 2, 2.5 oz. ind. bags	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Mango Peach Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1167
Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk: 1 cup (1% White, Fat Free White, or Fat Free Chocolate)	7010/7123/7014

Option #3	CMS Number
Mozzarella Cheddar Cheese, 2, ind. pkgs.	2525
Tortilla Chips, 1, ind. bag	1363
Salsa, 3 oz. 1, ind. cup <i>(Must be served - Provides ½ cup red/orange veg)</i>	1352
Baby Carrots, 1, 2.5 oz. ind. bag	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Mango Peach Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1167
Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk: 1 cup (1% White, Fat Free White, or Fat Free Chocolate)	7010/7123/7014

Option #4	CMS Number
Yogurt, Strawberry, 1, 8 oz. carton Granola, 1, 2 oz. ind. pkg.	R1659
Baby Carrots, 2, 2.5 oz. ind. bags	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Mango Peach Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1167
Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk: 1 cup (1% White, Fat Free White, or Fat Free Chocolate)	7010/7123/7014

Field Trip Menus 2017-2018

Newman Nutrition Sites Grades K-5 & 6-8



Option #1	CMS Number
Cheese Sandwich, 1 Baby Carrots, 2, 2.5 oz. ind. bags	R5496N
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Mango Peach Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1167
Milk: 1 cup (1% White, Fat Free White, or Fat Free Chocolate)	7010/7123/7014

Option #2	CMS Number
Mozzarella Cheddar Cheese, 2, ind. pkgs.	2525
Tortilla Chips, 1, ind. bag	1363
Salsa, 3 oz. 1, ind. cup <i>(Must be served - Provides ½ cup red/orange veg)</i>	1352
Baby Carrots, 1, 2.5 oz, ind. bag	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Mango Peach Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1167
Milk: 1 cup (1% White, Fat Free White, or Fat Free Chocolate)	7010/7123/7014

Option #3	CMS Number
Yogurt, Strawberry, 1, 8 oz. carton Granola, 1, 2 oz. ind. pkg.	R1659NPREP
Baby Carrots, 2, 2.5 oz. ind. bags	3006
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Mango Peach Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1167
Milk: 1 cup (1% White, Fat Free White, or Fat Free Chocolate)	7010/7123/7014

Field Trip Menus 2017-2018

Newman Nutrition Sites Grades 9-12



Option #1	CMS Number
Cheese Sandwich Baby Carrots, 2, 2.5 oz, ind. bags	R5496N
Fresh Fruit (apple, orange, or banana), 1 piece or Mango Peach Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1167
Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk: 1 cup (1% White, Fat Free White, or Fat Free Chocolate)	7010/7123/7014

Option #2	CMS Number
Mozzarella Cheddar Cheese, 2, ind. pkgs.	2525
Tortilla Chips, 1, ind. bag	1363
Salsa, 3 oz. 1, ind. cup <i>(Must be served - Provides ½ cup red/orange veg)</i>	1352
Baby Carrots, 1, 2.5 oz, ind. bag	3006
Fresh Fruit (apple, orange, or banana), 1 piece or Mango Peach Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1167
Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk: 1 cup (1% White, Fat Free White, or Fat Free Chocolate)	7010/7123/7014

Option #3	CMS Number
Yogurt, Strawberry, 1, 8 oz. carton Granola, 1, 2 oz. ind. pkg.	R1659NPREP
Baby Carrots, 2, 2.5 oz, ind. bags	3006
Fresh Fruit (apple, orange, or banana), 1 piece or Mango Peach Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1167
Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk: 1 cup (1% White, Fat Free White, or Fat Free Chocolate)	7010/7123/7014

Field Trip Menus 2017-2018



Prep Early Education Sites*

Option #1	CMS Number
Deli Cheese Sandwich, 1	R1113
Garden Salad, 1/2 cup	R4371
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Mango Peach Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1167
Milk, 6 fl. oz. (1% White or Fat Free White) (Chocolate Milk is <u>NOT</u> ALLOWED)	7122/R8007

Option #2	CMS Number
Turkey Ham Sandwich on Knot Roll, 1	R0709
Garden Salad, 1/2 cup	R4371
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Mango Peach Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1167
Milk, 6 fl. oz. (1% White or Fat Free White) (Chocolate Milk is <u>NOT</u> ALLOWED)	7122/R8007

NNC Early Education Sites*

Option #1	CMS Number
Cheese Sandwich, 1 Garden Salad, 1/2 cup	R5498N
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Mango Peach Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1167
Milk, 6 fl. oz. (1% White or Fat Free White) (Chocolate Milk is <u>NOT</u> ALLOWED)	7122/R8007

Option #2	CMS Number
Yogurt, Strawberry, 1, 8 oz. carton Gold Fish Pretzel Crackers, 1 pkg. <u>or</u> Rainbow Gold Fish Crackers, 1 pkg.	7107 1131 1326
Garden Salad, 1/2 cup	R4402N
Fresh Fruit (apple, orange, or banana), 1 piece <u>or</u> Mango Peach Applesauce Cup, 1, 4.5 oz.	3800/3093/3204 1167
Milk, 6 fl. oz. (1% White or Fat Free White) (Chocolate Milk is <u>NOT</u> ALLOWED)	7122/R8007

Field Trip Menus 2017-2018



Special Education Sites Grades K-5 & 6-8

Option #1	CMS Number
Yogurt, Strawberry, 1, 8 oz. carton	7107
Artisan Dinner Roll, 1, 2 oz.	6068
Cooked Baby Carrots (3/4 Cup)	R4372
Fresh Fruit (Banana), 1 piece	3204
<u>or</u> Mango Peach Applesauce Cup, 1, 4.5 oz.	1167
Milk: 1 cup (1% White, Fat Free White, or Fat Free Chocolate)	7010/7123/7014

Option #2	CMS Number
Deli Cheese Sandwich, 1	R1113
Cooked Baby Carrots (3/4 Cup)	R4372
Fresh Fruit (Banana), 1 piece	3204
<u>or</u> Mango Peach Applesauce Cup, 1, 4.5 oz.	1167
Milk: 1 cup (1% White, Fat Free White, or Fat Free Chocolate)	7010/7123/7014

Special Education Sites Grades 9-12

Option #1	CMS Number
Yogurt, Strawberry, 1, 8 oz. carton	7107
Artisan Dinner Roll, 1, 2 oz.	6068
Cooked Baby Carrots (1 Cup)	R4373
Fresh Fruit (Banana), 1 piece	3204
<u>or</u> Mango Peach Applesauce Cup, 1, 4.5 oz.	1167
Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk: 1 cup (1% White, Fat Free White, or Fat Free Chocolate)	7010/7123/7014

Option #2	CMS Number
Deli Cheese Sandwich, 1	R1113
Cooked Baby Carrots (1 Cup)	R4373
Fresh Fruit (Banana), 1 piece	3204
<u>or</u> Mango Peach Applesauce Cup, 1, 4.5 oz.	1167
Juice, 4 fl. oz. (apple, orange or wild berry)	7060/7064/7062
Milk: 1 cup (1% White, Fat Free White, or Fat Free Chocolate)	7010/7123/7014